

### **A solution for Kenyans by Kenyans**

My Goodlife Daktari was founded by a practising Kenyan doctor, with more than 15 years experience as a physician and a cardiologist with a keen understanding of the healthcare needs of Kenyans.

### **Electronic Medical Records (EMRs)**

Our platform allows you to record your own bio data taken by a Pharmacist or by yourself. This data can then be shared with a doctor of your choice during any online or physical consultation.

NO doctor or pharmacist has access to your medical records without your explicit permission.

The difference with our competitors is that our patients have FULL ACCESS to their medical records.

You do not have to be at a clinic or a hospital to record, track and manage your data. You can take your blood glucose reading, your weight measurements or even your blood pressure and record these on our platform using your mobile device. This allows you to manage your own health from the comfort of your home, office or even on the go.



*Improving the Health & Well-being of the Nation one person at a time!*

For more information log on to  
**[www.DaktariAfrica.com](http://www.DaktariAfrica.com)**  
**[www.goodlife.africa.com](http://www.goodlife.africa.com)**

Participating Goodlife Pharmacies  
Ngong Road branch  
0707 505970

Ridgeway branch  
0712 041172

**Goodlife**  
Pharmacy Health Beauty

**Daktari**  
AFRICA

**My Goodlife**  
**Daktari**

Convenient, face to face, Doctor consultations at Goodlife Pharmacy that save you time and money



**Accredited general doctors and specialists available.**

# How it works



## About the My Goodlife Daktari

This is a partnership between Goodlife Pharmacy and Daktari Africa to offer convenient, face-to-face doctor consultations that save you time and money.

## About My Goodlife Daktari

Daktari Africa is a telemedicine service provider dedicated to finding smart IT solutions to improve healthcare. The service uses tele-consultations to specifically aid the public in the better management

of their health by focusing on connecting patients to doctors.

Daktari Africa provides a free platform for the recording, tracking and management of biodata, the selection of healthcare professionals and a payable online doctor consultation service. This platform can be accessed at [www.DaktariAfrica.com](http://www.DaktariAfrica.com) (formerly [www.findadoctor.co.ke](http://www.findadoctor.co.ke))

## Engagement with Doctors

MyGoodlifeDaktari has the largest database of Online Doctors in Kenya with the widest range of specializations. The platform gives you access to over 400 doctors across the country, including but not limited to GPs, Paediatricians, Gynaecologists, Dermatologists, Ophthalmologists and Dentists just to mention a few.

## Face to face patient-doctor engagement from initial contact

MyGoodlifeDaktari empowers you as the patient, to choose the doctor you wish to consult after reading their credentials. The pharmacy staff at Goodlife can also assist you in selecting the right doctor to cater to your needs.

The platform operates an online/offline system which means if the doctor has an online status (green button), then you can reach them instantly via video conferencing. An online consultation takes up to 20 minutes. In the case that a physical follow-up is advised, then you can visit the doctor that you spoke to or any of our available doctors who are stationed within a short walking/driving distance of the pharmacy.

The diagnosis and management records from the online consultations will be available on our platform for you to share with the doctor you visit.

## Patient is always in control

You as the MyGoodlifeDaktari patient is always in control. You choose who you want to support your needs. The platform allows you to confirm the doctor's credentials and Medical Board No. even before placing a call. Once the video conferencing call is initiated, you can confirm that the doctor you are speaking to is the same as the one on your preferred profile.

MyGoodlifeDaktari aims to provide you with an affordable and convenient service that allows you to see the right doctor at the right time.